



St Alban's C of E Aided Primary School
Inspired to make a difference in God's world with excellence and love

WEEKLY BULLETIN

3RD OCTOBER 2025

Headteacher Message

Dear Parents/carers,

It has been lovely to read so many wonderful poems, prayers and interesting facts about Harvest this week as the classes prepare for our Harvest Festival Celebration at St Alban's Church next Wednesday. We are looking forward to walking to church as a school and celebrating in our local church. We will take lots of photos and share these with you.

Thank you to those of you who have already donated for the Beacon Food Bank; any donations are gratefully received and we will ensure these are passed on by next Friday.

Headteacher Catch-up!

A reminder that the next one of these is on **Friday 10th October at 9am**. I do hope that many of you can make this and take the opportunity to have your say about our school. A chance to share the things that are working well in our school and the things that we need to keep working at. Please let the office know if you are thinking of attending and also, please share your thoughts with us if you are unable to make the meeting: admin@st-albans.hants.sch.uk

Year R Phonics and Maths Meetings

Due to the incredibly important content of these sessions, we have decided to run each of these sessions after school (starting at 3:40pm) as well as during the school day. The dates are as follows:

phonics: Monday 13 October at 3.40pm

maths: Thursday 9 October at 9.00am and Thursday 23 October at 3.40pm

They will both take place in the Year 2 classroom. Creche facilities for your school-aged children will be available in Year R and Year 1.

Have a wonderful weekend!

Just a reminder that these are the only acceptable earrings for school:



What's in this bulletin?

- Headteacher message
- Wake Up
Wednesday: EU FA 26 - football game
- Uniform Reminders
- Celebrations
- Have you read...? Wellbeing Support
- Attendance
- Collective Worship
- INSET days
- Reminders for next week

Safeguarding: Wake Up Wednesday!



This week's **#WakeUpWednesday**, online safety guide explores **EA FC 26** – the latest edition of the immensely popular football game. It flags potential risks, including in-game purchases, scams, and exposure to strangers via voice chat.

Please see the PDF attached to this email. They will also be added to the website and shared on our school Facebook page.

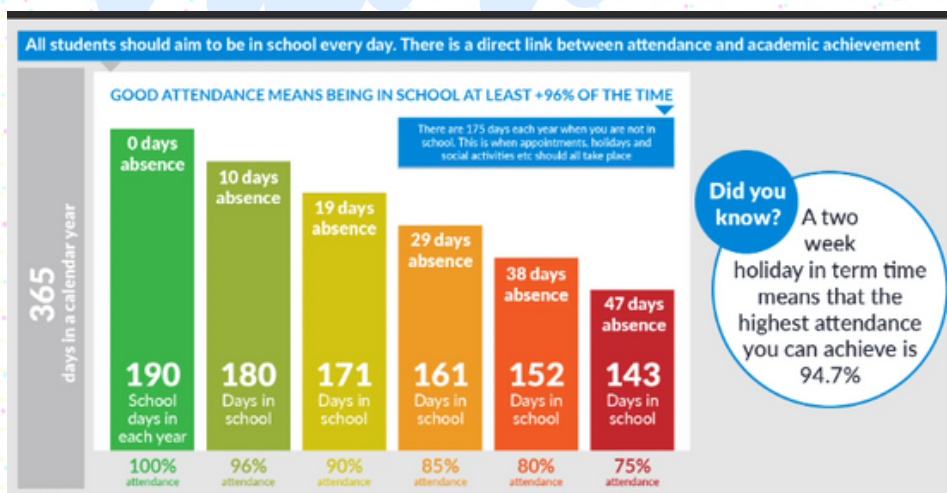
Attendance and Punctuality

"Every day of school missed is a day stolen from a child's future," Bridget Phillipson (Education Secretary), August 2025.

- If your child's attendance was less than 90% last year, Mrs Welton and I will be sending out an invitation for you to meet with us in the next few weeks. This is to support you in supporting your child to make the most of every day in school.

Did you know...?

- At primary school, children who attend school nearly every day in Year 6 (95-100% attendance) are 30% more likely to reach the expected standard in reading, writing and maths compared to similar pupils who attend 90-95% of the time.



Uniform Reminders

When purchasing new school uniform for the year, please consult the policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT

PE kits **MUST** be a **PLAIN NAVY TRACKSUIT** or **SHORTS**- no stripes or logos and **T-SHIRTS** must be a **PLAIN WHITE POLO STYLE**. This is especially important as we are now in our PE kits more frequently and all day. We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember **trainers** should be **BLACK** and with discrete, or preferably, **NO LOGO**.

Love, Courage and Fellowship
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Celebrations

Headteacher Awards go to: Cornelius, Santino, Isaac, Muhammed

This half term we are focusing on the learning skill of **PERSEVERANCE**. These children have been awarded Merit Awards for showing perseverance in their learning:

Y1: Albert, Evie

Y2: Penny, Ryan

Y3: Leila, Lexie

Y4: Calum, Ezmae

Y5: Lilya, Laila-Rae

Y6: Oliver, Anthonette

Step Badges go to:

Have you read:

Check out our new website:

Have you visited the Wellbeing Support page under the PARENTS tab?

There are lots of supportive suggestions to help you as well as information about My Happy Mind.

<https://www.stalbansprimaryschool.co.uk/wellbeing-support>

Optimistic October 2025

MONDAY



6 Remind yourself that things can change for the better

13 Ask for help to overcome an obstacle you are facing

20 Find joy in tackling a task you've put off for some time

27 Be kind to yourself today. Remember, progress takes time

TUESDAY



7 Look for the good in people around you today

14 Do something constructive to improve a difficult situation

21 Let go of the expectations of others and focus on what matters to you

28 Ask yourself, will this still matter a year from now?

WEDNESDAY

1 Write down three things you can look forward to this month

8 Make some progress on a project or task you have been avoiding

15 Thank yourself for achieving the things you often take for granted

22 Share a hopeful quote, picture or video with a friend or colleague

29 Plan a fun or exciting activity to look forward to

THURSDAY

2 Find something to be optimistic about (even if it's a difficult time)

9 Share an important goal with someone you trust

16 Put down your to-do list and do something fun or uplifting

23 Recognise that you have a choice about what to prioritise

30 Identify three things that give you hope for the future

FRIDAY

3 Take a small step towards a goal that really matters to you

10 Take time to reflect on what you have accomplished recently

17 Take a small step towards a positive change you want to see in society

24 Write down three specific things that have gone well recently

31 Set a goal that brings a sense of purpose for the coming month

SATURDAY

4 Start your day with the most important thing on your to-do list

11 Avoid blaming yourself or others. Find a helpful way forward

18 Set hopeful but realistic goals for the days ahead

25 You can't do everything! What are your three priorities right now?

32 Find a new perspective on a problem you face

SUNDAY

5 Be a realistic optimist. See life as it is, but focus on what's good

12 Look out for positive news and reasons to be cheerful today

19 Identify one of your positive qualities that will be helpful in the future

26 Find a new perspective on a problem you face

ACTION FOR HAPPINESS

Happier · Kinder · Together

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Collective Worship

We are focusing on thankfulness this half term. We have been busy practising our songs for our Harvest celebration as well as being thankful for creation, others and learning to be thankful - even in difficult times. We have started a thankfulness tree in the hall so that we can take a moment to appreciate the wonderful things we have in our lives.

"I thank my God every time I remember you."

Philippians 1:3

All of our Collective Worship can be found on our website <https://www.stalbansprimaryschool.co.uk/collective-worship->



INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Monday 3rd November 2025

Monday 5th January 2026

Friday 1st May 2026

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Headteacher:

Mrs Sarah Goldsworthy BA QTS NPQH

Reminders for w.c.

06.10.25

- Year 6 Bikeability course
- HSA Meeting, 9.00am-11.00am

07.10.25

- Y6 Bikeability course
- Wednesday 8 October
- Y1 to Y6 Local Walk to St Alban's Church

09.10.25

- Maths Workshop for YR Parents, 9.00am in the Hall
- Y6 Harvest Festival Worship to Parents, 3.00pm in the Hall
- SEN Parent Consultations, 3.45pm-6.15pm

10.10.25

- Headteacher Catch-Up with Parents, 9.00am-9.30am in the Green Room

<https://www.stalbansprimaryschool.co.uk/>