



St Alban's C of E Aided Primary School
Inspired to make a difference in God's world with excellence and love



WEEKLY BULLETIN 11TH SEPTEMBER 2026

Headteacher Message

Dear Parents and carers,

It has been exciting to welcome Oak class to school this week. They have looked incredibly smart and happy each day as they come into school and leave at the end of their sessions. I have been incredibly impressed with the way in which they have settled and have started to learn the routines and expectations of Oak class. Well done to the whole of the Oak class team!

Macmillan Coffee Afternoon - Friday 25th September 2026 at 2.30pm

This year, we will be supporting the Macmillan Coffee Afternoon to help raise funds for people affected by cancer and the vital support services Macmillan provides. Many of us are affected by cancer at some point in our lives, but you always think it won't happen to you, or a member of your close family. However, this cause is now particularly important to me, as over the summer holidays, my mum was diagnosed with aggressive stage 4 ovarian cancer and has now started chemotherapy treatment.

I hope you will all understand that there will be times over the coming months that I will be absent from school so I can support my family and attend important appointments with them. In my absence, Mrs Clarke - as Inclusion Lead - is the most senior member of staff, with Mrs Kirby as Early Years and Key Stage One Lead and Ms Pangbourne as Key Stage Two Lead making up the rest of the School Leadership Team.

Through this fundraiser, I want to help raise awareness and make a positive difference for others facing similar challenges. I would be grateful for the support of the school community as we come together to contribute to this important cause. If you are able to contribute a shop-bought cake for this event, please leave it at the school office on the Friday morning. Please do put the date in your diary. I would love to see as many of you as possible there - it is a great excuse for a piece of cake, a cuppa and a chat!

Wishing you all a wonderful weekend. Let's enjoy this beautiful autumnal weather whilst it lasts!

What's in this bulletin?

- Headteacher message
- GIVE
- You said, we did...
- Wake Up Wednesday
- Attendance
- Uniform and earring reminders
- First Aid Friday
- Celebrations
- Collective Worship
- INSET days
- Reminders for next week

We aim to be a
NUT FREE
SCHOOL - Please
DO NOT include
ANY products that
contain **ANY** types
of **NUTS** in your
child's
lunch/snack.

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COFFEE AFTERNOON

in aid of
MACMILLAN
CANCER SUPPORT

Friday
25th September
at 2.30pm

Great
coffee,
delicious
cakes,
a brighter
future.

Everyone
welcome!

MACMILLAN
CANCER SUPPORT

Together we can make
a difference



Give

Helping others, saying thank you or just giving someone a smile can improve your self-esteem and your emotional health



When "Give" is going well

- You will have a sense of purpose and achievement.
- You'll feel connected to your community.
- You'll make new friends / widen your support network.
- You'll be a good role model and support to those around you.
- You'll grow in confidence.
- You'll learn new skills.
- You'll improve your mental well-being.

When "Give" isn't going well

- You may feel distracted and disinterested.
- Feeling removed.
- Isolation - feeling completely alone.
- Becoming a bad influence.
- Lack of confidence.
- Boredom.
- Low self-worth.

Useful Links

getvolunteering.co.uk

www.gohenry.com/uk/blog/chores/age-appropriate-chore-list-for-kids

Give back to your community

- Litter picking.
- Helping in a local Charity shop, Hospital, care home or animal Charity. Volunteer days are one of the easiest ways to give back to your community.
- Volunteer in school E.g. listen to readers, or support the PTA.
- Start a class WhatsApp.
- Start a conversation with a parent / carer at the school gate.
- Help a neighbour
 - Pop their bin out for them.
 - Walk their dog.
 - Offer to clean their room / house
 - Help in their garden.
 - Be a listening ear for a chat.
- Join a church group.
- Encourage children to take on a household chore.
- Children could draw a picture, write a letter to a friend, relative or neighbour.
- Children (with your support) could offer to care for theirs or someone else's pet.
- Reach out to local groups or clubs for help and support. They can **GIVE** back to you.

Made by Ruth Downer, Maria Knight, Sonja Balmer, Ceri Kentish, Maddy Child, Leoni Hayes, Jo Dorans, Sarah Allen and Jo Ayres in conjunction with East Hants and Havant Heads

Back to Basics

Each half term we are focusing on a different petal.

This half term we are exploring 'give'.

Looking after your family's wellbeing is very important.

As a parent or carer, you can take small steps to help your child's wellbeing as well as your own. You can do this by starting with the basics.

Think about your home environment and what small changes you can make together as a family. I definitely like 'Encourage children to take on a household chore' and shall be doing more of this in my family home!



Watch the Back to Basics videos to help you support your family's wellbeing:

Take Notice

Give

Be Active

Keep Learning

Connect

You Said, We did...

You asked for reminders about the Meet the Teacher sessions closer to the time...

Don't forget!

Meet the Teacher sessions continue next week for parents of children in Year 1 to Year 6. They each take place in the school hall, so please come to the office to sign in first.

You can find all of the sessions in our calendar here:
<https://www.stalbansprimaryschool.co.uk/calendar>

These sessions are not only to meet your child's new class teacher, but to share important information and expectations with you - **so please attend even if you know the teacher already!**

MHST Anxiety Workshop for Parents - Wednesday 16 September at 2pm

The Mental Health Support Team (MHST) are holding an **Anxiety Workshop** for parents next **Wednesday at 2pm**. The event will be held in the school hall and all parents are welcome to attend. Please sign in at the office when you arrive.

Please email the school office if you hope to join us, so that we have a rough idea of expected numbers.

**Mental
health
matters**

BE KIND
TO YOUR
MIND

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Safeguarding: Wake Up Wednesday



This week's #WakeUpWednesday focuses on Character.AI.

Character.AI is an entertainment platform where users create and chat with AI-powered characters. These chatbots can act like existing favourite characters from movies or books, or like friends, mentors, or even romantic partners, responding in an emotional, personally engaging way. Although they can encourage creativity, it can also make a generated conversation feel like a genuine relationship, which is concerning if it takes the place of human relationships.

This will be added to the website

<https://www.stalbansprimaryschool.co.uk/online-safety> and shared on our school Facebook page each week.

Attendance and Punctuality

"Every day of school missed is a day stolen from a child's future,"

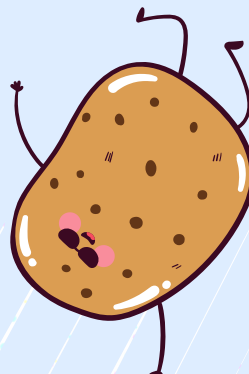
Bridget Phillipson (Education Secretary), August 2025

Whole school - 94% (national 95.5%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if your child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R) - 99%
- Cherry (1) - 91%
- Rowan (2) - 95%
- Birch (3) - 93.5%
- Hawthorn (4) - 95%
- Lime (5) - 97%
- Alder (6) - 93%



If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:

<https://www.stalbansprimaryschool.co.uk/attendance>

PE Kit Reminders

When purchasing new school uniform, please consult our uniform policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT:

PE kits **MUST** be a
PLAIN NAVY
TRACKSUIT or
SHORTS - no
stripes or logos.
T-SHIRTS must be a
PLAIN WHITE POLO
STYLE.

**Check out the new
designs - available
from Skoolkit!**

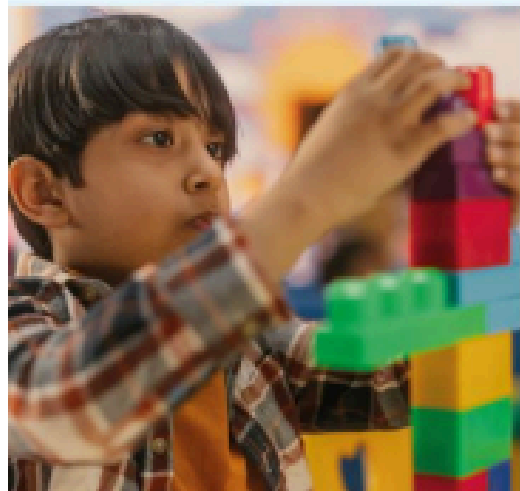
We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember trainers should be **BLACK** and with discrete, or preferably, **NO LOGO**.

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peep

Learn, play and
grow together.



Peep supports parents and carers to make the most of everyday moments, helping your child grow in confidence and get ready for school.

Fun, friendly sessions with songs, stories and simple ideas to try at home.

Peep Stay & Play for 3-4 year olds

Fridays 2, 9 and 16 October, 1:30pm-2:30pm
Best Start Family Hub in Leigh Park Library

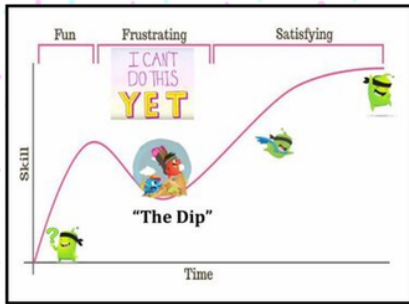
FREE, no booking required

Peep Learning Together course Wednesdays 4, 11, 18, 25
November and 2, 9 December 1:30pm-2:30pm
Booking required, available at stay and play sessions.

www.peeple.org.uk/parents-area

Celebrations

This half term we are focusing on the learning skill of 'Perseverance'.



Headteacher Awards go to: Lennox,
STEP Awards go to:

Merits go to:

- Oak (R) -
- Cherry (1) - Lenny, Vinnie
- Rowan (2) -
- Birch (3) - Vinnie, Eleanor
- Hawthorn (4) - Eilish, Hallie
- Lime (5) - Leah, Ewa
- Alder (6) - Preston, Madison

Health and Wellbeing: First Aid Friday

This weeks **#FirstAidFriday** focuses on mental health.

This World Suicide Prevention Day, remember that support is available if you or someone you know is struggling.

If you need urgent help for your mental health, call 111 and select the mental health option for expert advice and support.

If someone's life is at immediate risk, call 999 or go to A&E.

More information can be found on our website:

<https://www.stalbansprimaryschool.co.uk/wellbeing-support>.

Bounce Fitness KS2 Club - Starting Soon!

We are excited to share that following a survey with parents last term, we have arranged for **Bouncy Boots Fitness** to start an after school club for children in **Year 3 to 6**.

The club will start from Monday 28th September until Monday 23rd November, and will be after school 3.30pm-4.30pm. Bounce club will be run in the school hall during which children will play fun games in the bouncy rebound boots.

BOUNCE FITNESS KS2 KIDS CLUB
Mondays 3.30pm – 4.30pm
Contact Donna via
bouncefitnesswithdonna@gmail.com
or 07966 490368 to sign up

Bounce club is run in the school hall during which time we play fun games – all in the bouncy rebound boots.

The dates for this term are:- 28 September – 23 November
(8 weeks excluding half term)
8 weeks in total @ £6 a week = £48 per child payable termly in advance – bank details given on request
Missed weeks still need to be paid for to reserve your space.

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Outside School Celebrations

Celebrating the clubs, activities and achievements children take part in outside school is an important way to recognise their growing confidence, talents and interests.

Whether it's a sports team, dance class, arts group, scouts, music lessons or a special celebration within their community, these experiences help children develop new skills, build friendships and feel proud of who they are.

By sharing and celebrating these moments together, we create a school community that values every child's uniqueness and encourages them to keep exploring the things they love.



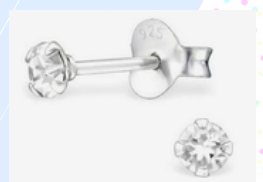
This summer Hassan and Zainab took part in the reading challenge "Read to the beat" and they completed their six books with Havant Library. Well done to both of you!

Please send in a picture and a short explanation if you would like your child to appear on our school bulletin!

Reminder - Earrings in School

Following several reminders about the style of earrings that are suitable for school, if children are wearing any earrings other than simple round studs, they will now be asked to remove them. **These are the only style, colour that are acceptable: small studs that are either silver or gold or have a clear coloured gem.**

We want to continue to look smart and stay safe, and if we all follow the uniform guidelines, we will. If children continue to wear earrings that are not suitable for school, we will revert to only Year 6 being allowed to wear them.



Collective Worship

This half term we are focusing on the value of '**perseverance**'.

We have already considered many of the things that we would be showing in class if we are persevering with our learning. In Collective Worship, we will be learning about perseverance through various Bible stories and activities that highlight the value of staying committed to goals and overcoming obstacles.

This week we explored the story of Noah and the Ark, Genesis 6:9–22. We thought about how perseverance begins with trust and Noah showed us this as he trusted in God and what he had asked him to do.



All of our Collective Worship
can be found on our website:

www.stalbansprimaryschool.co.uk/collective-worship

INSET DAYS 2026-2027

The INSET days for the next academic year are:

Monday 30th November 2026

Monday 4th January 2027

Friday 30th April 2027

Monday 7th June 2027

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Reminders for 14.09.2026

15/09/2026

Year 6 Meet the Teacher, 9am

16/09/2026

Year 5 Meet the Teacher, 9am

MHST Anxiety Workshop for Parents,
2pm

Please check your details!

Please inform the office if you (or another emergency contact for your child) move house or changes mobile number.

If you would like to check that your details are up to date or if you need to make any changes, please email the office and these details can be checked and updated for you.

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Ofsted



Read our report ↗

Headteacher:

Mrs Sarah Goldsworthy BA(Hons) QTS NPQH NASENCo