

WEEKLY BULLETIN 19TH JUNE 2026

Headteacher Message

Dear Parents/carers,

The Weather!

In true British style, we are never happy with the weather and this week's weather is no different. The forecast is for a very warm one, with a red heat weather alert coming into effect.

Please remember the following:

- All children are expected to be in school
- Provide your child with a sun hat
- High factor sun cream should be applied at home before coming to school
- Provide your child with a filled named water bottle, which they can top up throughout the day - children can keep their bottles on their desks so they are easily accessible
- Children can wear whatever school uniform they feel coolest in, whether that is their school PE kits (there is no PE this week) or usual summer uniform. Children **MUST NOT** wear sandals with open toes, or jelly shoes, or similar. They must continue to wear either school shoes or trainers. This is for Health and Safety reasons.
- We have made adjustments to our break times

Sports Day

It was so lovely to see so many parents and family members at our Sports Day last Friday. There was a great atmosphere, lots of sporting achievements and all whilst enjoying the beautiful sunshine. Thank you to all of the staff, but especially for Mr Livermore and the House Captains who went 'over and above' not only on Sports Day itself, but in the weeks leading up to it. All that meticulous planning, time and energy was worth it. Thank you to everyone who supported this day and for helping our children to make more great memories!

Summer Fayre

What a wonderful event this was! I am incredibly pleased to announce that with your help and support, the HSA raised an incredible **£3238.36**. This is an astounding total, all of which was raised in a couple of hours after school on a Friday. Every single parent is a member of HSA and we are always looking for more members who would like to take a more active role. Every penny (and pound) that the HSA raise over the next year, or two, will be going towards a new Adventure Play Area/Trim Trail. Our children really miss this area of their playground and are sad that it has been taken out of action. Please do speak to Holly Day, Lucy Gale or April Quinton if you would like to take a more active role within the HSA in the near future, or if you know of any companies that could financially support our plans for a new Adventure Play Area.

Please take care in this heat.

What's in this bulletin?

- Headteacher message
- **TAKING NOTICE**
- You said, we did...
- Wake Up Wednesday
- Attendance
- First Aid Friday
- Celebrations
- Collective Worship
- INSET days
- Reminders

We aim to be a
NUT FREE
SCHOOL - Please
DO NOT include
ANY products that
contain **ANY** types
of **NUTS** in your
child's
lunch/snack.

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Take Notice



When 'Take Notice' is going well your child may

- Be relaxed and calm.
- Be able to share their worries.
- Sleep well.
- Follow daily rhythms and routines.
- Manage their emotions and feelings.
- Join in meal times.
- Join in with family times.
- Engage with friends and family.
- Respond to boundaries .
- Enjoy daily activities.
- Remain focussed when it is needed.

Routines

- Take notice of how your child/YP responds to routines
- Break down daily routines into simple, manageable steps
- Use visual aids to support routines and daily activities
- Do daily tasks in the same order each day
- Use clear language 'first brush your teeth, then wash your face'
- Focus on what you want to see- not what you don't want to see e.g. instead of 'stop playing with your Lego' try 'put the Lego down and find your shoes'

When 'Take Notice' is not going well your child may

- They may not be able to control their emotions.
- Have racing thoughts.
- Sleep poorly.
- Battle daily rhythms and routines.
- Have big feelings/emotions.
- Appear vacant/forgetful.
- Disengage with family time.
- Disengage with friends and family.
- Push boundaries and seek control.
- Lack enjoyment in daily activities.
- Unable to focus or complete a task.

Be present

- Practise simple breathing activities with your child .
- Take notice of your environment and surroundings -talk about what you see or hear on your journey into school.
- Focus on one task - avoid being on your phone, or trying to do too many things at once.
- Notice your thoughts and feelings.
- Notice change of seasons.
- Share anxieties and worries, if appropriate.
- Give eye-contact and face-to-face time.
- Remove distractions such as screens or background noise.
- Have purposeful contact - cuddle, hold hands, massage.

You said, we did...

Parents asked for information about our school practices and procedures all in one place...

We always share a 'Welcome to Our School' booklet with new parents when they join St Alban's. We have shared this booklet, following several updates, with all parents earlier this week.

We would strongly encourage parents to read this as some of the information may have changed since your child started school with us.



Queen Elizabeth Country Park Trip

Oak Class had a fabulous morning exploring at Queen Elizabeth Country Park last Thursday and not only had lots of fun, but were praised by the staff there for their brilliant behaviour - well done Oak class for a lovely morning!



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Safeguarding: Wake Up Wednesday



There is no #WakeUpWednesday this week, but all of the previous information posters can be found on our website here:
<https://www.stalbansprimaryschool.co.uk/onlinesafety>

PE Kit Reminders

When purchasing new school uniform, please consult our uniform policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT:

PE kits **MUST** be a
PLAIN NAVY
TRACKSUIT or
SHORTS - no
stripes or logos.
T-SHIRTS must be a
PLAIN WHITE POLO
STYLE.

**Check out the new
designs - available
from Skoolkit!**

We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember trainers should be BLACK and with discrete, or preferably, NO LOGO.

Attendance and Punctuality

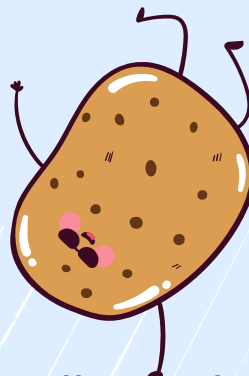
"Every day of school missed is a day stolen from a child's future,"
Bridget Phillipson (Education Secretary), August 2025

Whole school - 94.6% (national 94.6%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if you child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R) - 92.8%
- Cherry (1) - 94.6%
- Rowan (2) - 95.8%
- Birch (3) - 93.4%
- Hawthorn (4) - 95%
- Lime (5) - 96.7%
- Alder (6) - 96.1%



If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:

<https://www.stalbansprimaryschool.co.uk/attendance>

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Celebrations



Headteacher Awards go to:

STEP Awards go to:

This half term we are focusing on the learning skill of **'Reflection'**.

What does it mean to be a reflective learner? Being reflective in your learning means thinking about what you're learning and how you're learning it, in a way that helps you understand yourself and your learning better.

Below is a list of children that received merits this week:

- Oak (R) -
- Cherry (1) -
- Rowan (2) -
- Birch (3) -
- Hawthorn (4) -
- Lime (5) -
- Alder (6) -

Health and Wellbeing: First Aid Friday

This weeks **#FirstAidFriday** focuses on cold water shock. Does your child know about cold water shock?

Cold water shock triggers panic and uncontrollable gasping - even the strongest swimmers will find it hard to swim.

- Choose safe places to swim
- Pay attention to warning signs
- Enter water slowly, giving your body time to adjust
- float on your back until it passes

More information can be found on our website:
<https://www.stalbansprimaryschool.co.uk/wellbeing-support>.

MHST Anxiety Workshop

Gabby Heath (Mental Health Support Team) was due to come into school to deliver an **Anxiety Workshop** for parents on **Thursday 25th June at 13:30-15:15** in the hall.

HOWEVER, this has now been postponed until September so we will let parents know a new date in the new academic year.

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Outside School Celebrations

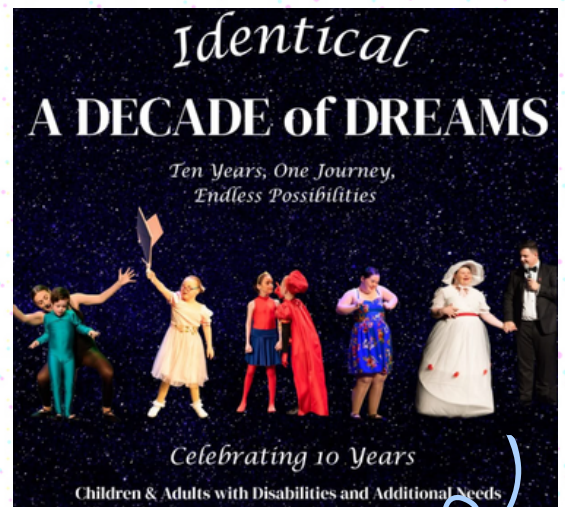
Celebrating the clubs, activities and achievements children take part in outside school is an important way to recognise their growing confidence, talents and interests.

Whether it's a sports team, dance class, arts group, scouts, music lessons or a special celebration within their community, these experiences help children develop new skills, build friendships and feel proud of who they are.

By sharing and celebrating these moments together, we create a school community that values every child's uniqueness and encourages them to keep exploring the things they love.



Bessie received her ballet bronze medal and Modern Grade One dance exam results last week and has been given high distinctions and the highest mark in her class, well done Bessie!



Please send in a picture and a short explanation if you would like your child to appear on our school bulletin!

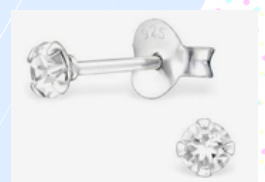
On Saturday, Joy and John took part in 'A Decade of Dreams' which is a show organised by Identical School of Dance and principle Miss Reber. Join us in wishing Joy and John a huge congratulations for performing brilliantly this weekend, and a big well done to Miss Reber for organising another fantastic show for children and adults with disabilities and additional needs. More information about Identical can be found here:

<https://www.facebook.com/identicalschooldance>

Reminder - Earrings in School

Following several reminders about the style of earrings that are suitable for school, if children are wearing any earrings other than simple round studs, they will now be asked to remove them. **These are the only style, colour that are acceptable: small studs that are either silver or gold or have a clear coloured gem.**

We want to continue to look smart and stay safe, and if we all follow the uniform guidelines, we will. If children continue to wear earrings that are not suitable for school, we will revert to only Year 6 being allowed to wear them.



Collective Worship

This half term, we are focusing on 'Growing in Wisdom'. What is Wisdom? Wisdom in the Bible is about knowing what is right and making good choices, and it is important for everyone. This means understanding the rules at home or school and choosing to follow them. Wisdom helps children live happy and safe lives by guiding them to make choices that align with God's teachings. This week, we explored Matthew 7 and we have been looking at making wise choices.

Dear God,

Thank You for loving and caring for us every day. Please help us to make wise choices, even when it's hard. Give us kind hearts to think of others, courage to do what is right and patience to listen and learn. Guide our thoughts, words, and actions so we can grow and make good decisions.

Amen.



All of our Collective Worship services can be found on our website: www.stalbansprimaryschool.co.uk/collective-worship

INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Please check your details!

Please inform the office if you (or another emergency contact for your child) move house or changes mobile number.

If you would like to check that your details are up to date or if you need to make any changes, please email the office and these details can be checked and updated for you.

Reminders for 22.06.2026

22.06.2026

Y4 Trip to New Theatre Royal

25.06.2026

CANCELLED MHST Anxiety Workshop, 1.30pm-3.15pm in the hall

Y5 swimming course continues

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Ofsted



Read our report ↗

Headteacher:

Mrs Sarah Goldsworthy BA(Hons) QTS NPQH