



WEEKLY BULLETIN

5TH JUNE 2026

Headteacher Message

Dear Parents and carers,

Welcome back to the final half term of the school year. I hope you enjoyed the beautiful weather during half term and made the most of every moment. Unfortunately, the rain (wind, thunder and lightning!) has returned so please ensure your child has a waterproof coat with them everyday so we can take them outside for play and learning whenever possible. This half term is an incredibly busy one so please read this, encourage others to read this and add the dates to your diary!

Take Notice - Back to Basics (petal no:2)

This half term, we are focusing on 'Taking Notice'. This includes:

Being aware of your own thoughts and feelings as they can sometimes be difficult to manage.

Taking notice of changes in behaviour and appearances, both positive and negative, and talk them through.

Try to also pay more attention to the people around you.

- Take 5 minutes out if you are starting to feel overwhelmed in a situation
- Name your thoughts and feelings and help your children to do the same. These are natural and you can role model how these are managed positively
- Take notice of the routines and diet that may affect your child's well-being such as sleep, activity level and mood. Foods that contain high sugar content can cause issues throughout the day and for night time routines.

All of the advice, support and information regarding 'Back to Basics' can be found on our school website and <https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/back-to-basics>

Please remember that we have a nurture team (Myself, Mrs Clarke, Mrs Welton and Miss Brooks) that can support you, and your family, if you would like to talk about any aspect of 'Back to Basics'. Just ask to make an appointment.



We aim to be a NUT FREE SCHOOL - Please DO NOT include ANY products that contain ANY types of NUTS in your child's lunch/snack.

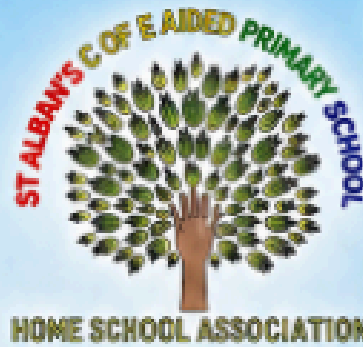
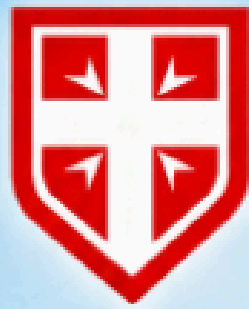
What's in this bulletin?

- Headteacher message
- HSA Summer Fair
- Sports Day
- TAKING NOTICE
- You said, we did...
- Wake Up Wednesday
- Attendance
- First Aid Friday
- Celebrations
- Collective Worship
- INSET days
- Reminders



Love, Courage and Fellowship
 Inspired to make a difference in God's world with excellence and love.





ST ALBAN'S SCHOOL HSA SUMMER FAIR

FRIDAY 12TH JUNE 2026

3.30-6PM

Join us for a traditional summer fair
full of fun for the whole family



GAMES RUN BY
THE STUDENTS OF
ST ALBAN'S



BBQ



RAINBOW
RAFFLE



INFLATABLES



BOTTLE
TOMBOLA



BOOKS
AND TOYS



GO KARTS WITH CM SPORTS

FREE
ENTRY

FUNDRAISING FOR OUR NEW SCHOOL TRIM TRAIL
AND OTHER SCHOOL PROJECTS

You said, we did...

Parents gave us feedback about the new menus offered by Chartwells...

We shared this feedback with Chartwells and they have since made amendments to some of the lunch choices.



Parents would have received an email at the end of last term informing them of the **new summer lunch menus**.

The **medical diet menu** has also been updated so parents of children with allergies should please check this menu and accept it using the QR code sent in your email.

The picnic menu is continuing this term too.

The summer menu has been created by Chartwells and care has been taken to consider feedback from schools and parents in Hampshire to continuously improve their offer.

Playground Pals

Following the fundraising efforts of the Playground Pals last term, we are very pleased to share that the Cake and Cookie sale raised a lovely £160.00 (approx.). In addition to this, Olivia and her mum set up a 'Go Fund Me' page which raised an incredible £550.00!!

The money raised will be used to purchase friendship benches for each playground. These benches will be used by children who may be feeling lonely or need someone to play with, helping others know when to offer support and friendship.

Thank you for your continued support. We are very proud of the initiative and kindness shown by our Playground Pals.



**Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.**



Take Notice



When 'Take Notice' is going well your child may

- Be relaxed and calm.
- Be able to share their worries.
- Sleep well.
- Follow daily rhythms and routines.
- Manage their emotions and feelings.
- Join in meal times.
- Join in with family times.
- Engage with friends and family.
- Respond to boundaries .
- Enjoy daily activities.
- Remain focussed when it is needed.

Routines

- Take notice of how your child/YP responds to routines
- Break down daily routines into simple, manageable steps
- Use visual aids to support routines and daily activities
- Do daily tasks in the same order each day
- Use clear language 'first brush your teeth, then wash your face'
- Focus on what you want to see- not what you don't want to see e.g. instead of 'stop playing with your Lego' try 'put the Lego down and find your shoes'

When 'Take Notice' is not going well your child may

- They may not be able to control their emotions.
- Have racing thoughts.
- Sleep poorly.
- Battle daily rhythms and routines.
- Have big feelings/emotions.
- Appear vacant/forgetful.
- Disengage with family time.
- Disengage with friends and family.
- Push boundaries and seek control.
- Lack enjoyment in daily activities.
- Unable to focus or complete a task.

Be present

- Practise simple breathing activities with your child .
- Take notice of your environment and surroundings -talk about what you see or hear on your journey into school.
- Focus on one task - avoid being on your phone, or trying to do too many things at once.
- Notice your thoughts and feelings.
- Notice change of seasons.
- Share anxieties and worries, if appropriate.
- Give eye-contact and face-to-face time.
- Remove distractions such as screens or background noise.
- Have purposeful contact - cuddle, hold hands, massage.



Sports Day 2026

This will take place on **Friday 19th June 2026** - it is a whole day event!
(Reserve date is Friday 26th June 2026)

All children will be expected to participate in this day and there will be plenty of exciting races and games for them to take part in.

As in previous years, children will come into school in their PE kit, with black trainers and a 'logo-free' t-shirt that is the colour of their school house (this is the same colour as their book bag):

Winchester - **green**

Durham - **blue**

York - **yellow**

Canterbury - **red**

To help you plan for the day, this year's timings are:

9.15-11.30am Key Stage One and Early Years races

11.30-12.30pm LUNCH (Please bring a picnic lunch to share with your children)

12.45 -3.15pm Key Stage Two races

Children are expected to be at school for the whole day regardless of when their races are. This is a whole school event where we are championing sportsmanship and fellowship!



**Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.**



Safeguarding: Wake Up Wednesday



This week's #WakeUpWednesday focuses on Adrenaline Devices.

Adrenaline is for the immediate treatment of anaphylaxis, which is a serious allergic reaction. If in doubt, use an adrenaline pen. Delaying treatment for anaphylaxis causes more harm than giving adrenaline when it's not needed. Adrenaline is a safe substance that is naturally produced in our bodies. Adrenaline devices are single use, so it's important to always carry two rather than just one.

This will be added to the website

<https://www.stalbansprimaryschool.co.uk/onlinesafety> and shared on our school Facebook page each week.

PE Kit Reminders

When purchasing new school uniform, please consult our uniform policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT:

PE kits MUST be a PLAIN NAVY TRACKSUIT or SHORTS - no stripes or logos. T-SHIRTS must be a PLAIN WHITE POLO STYLE.

Check out the new designs - available from Skoolkit!

We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember trainers should be BLACK and with discrete, or preferably, NO LOGO.

Attendance and Punctuality

"Every day of school missed is a day stolen from a child's future,"

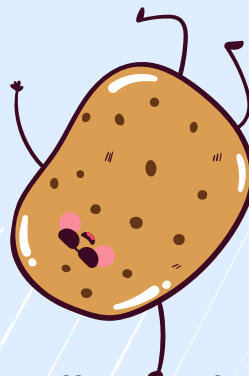
Bridget Phillipson (Education Secretary), August 2025

Whole school - 94.6% (national 94.6%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if your child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R) - 92.6%
- Cherry (1) - 94.4%
- Rowan (2) - 95.7%
- Birch (3) - 93.4%
- Hawthorn (4) - 95%
- Lime (5) - 96.6%
- Alder (6) - 96%



If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:

<https://www.stalbansprimaryschool.co.uk/attendance>

**Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.**



Celebrations



Headteacher Awards go to: Arnie, Boycee, Dominc, Muhammed,

STEP Awards go to:

This half term we are focusing on the learning skill of **'Reflection'**.

What does it mean to be a reflective learner? Being reflective in your learning means thinking about what you're learning and how you're learning it, in a way that helps you understand yourself and your learning better.

Below is a list of children that received merits this week:

- Oak (R) - Kash, Rocco, Lily-Rose
- Cherry (1) - Albert, Autumn
- Rowan (2) - Flo, Arnie
- Birch (3) - Ava
- Hawthorn (4) - The whole of Year 4
- Lime (5) - Ellie-Lu, Jacob
- Alder (6) - Euan, Layla

Health and Wellbeing: First Aid Friday

This weeks **#FirstAidFriday** focuses on tick awareness. Ticks live in long grass and woodland. Don't forget to check for ticks after your walk or when you get home from school.

More information can be found on our website:
<https://www.stalbansprimaryschool.co.uk/wellbeing-support>.



Current LSA Vacancy

We have a full-time, fixed-term LSA vacancy (primarily for 1 :1 support) currently available to begin in September 2026. We are seeking to appoint an experienced, enthusiastic, knowledgeable and caring Learning Support Assistant to work within our team under the guidance of the class teachers and the Inclusion Lead.

If you or anyone you know may be interest in the role, please visit our website for more information:

<https://www.stalbansprimaryschool.co.uk/vacancies> or speak to the office to request an application form.

**Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.**



Outside School Celebrations

Celebrating the clubs, activities and achievements children take part in outside school is an important way to recognise their growing confidence, talents and interests.

Whether it's a sports team, dance class, arts group, scouts, music lessons or a special celebration within their community, these experiences help children develop new skills, build friendships and feel proud of who they are.

By sharing and celebrating these moments together, we create a school community that values every child's uniqueness and encourages them to keep exploring the things they love.



Olivia has achieved the Bronze award for her pair routing and a trophy for 'best trampolinist of the month' at trampoline club. Well done!



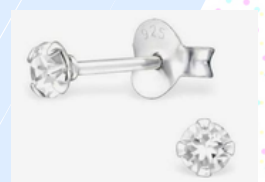
Please send in a picture and a short explanation if you would like your child to appear on our school bulletin!

John has been working extremely hard and participating in festivals, qualifying in all three dances; Musical Theatre, Tap and Modern. John performed these at the All England Regional Finals this weekend. He performed amazingly and received 1st place in his Modern piece "Messy Bessy" - Well done John!

Reminder - Earrings in School

Following several reminders about the style of earrings that are suitable for school, if children are wearing any earrings other than simple round studs, they will now be asked to remove them. **These are the only style, colour that are acceptable: small studs that are either silver or gold or have a clear coloured gem.**

We want to continue to look smart and stay safe, and if we all follow the uniform guidelines, we will. If children continue to wear earrings that are not suitable for school, we will revert to only Year 6 being allowed to wear them.



Collective Worship

This half term, we are focusing on 'Growing in Wisdom'. What is Wisdom? Wisdom in the Bible is about knowing what is right and making good choices, and it is important for everyone. Wisdom, as described in the Bible, is not just about having knowledge; it is about applying that knowledge to make good decisions. For children, this means understanding the rules at home or school and choosing to follow them. Wisdom helps children live happy and safe lives by guiding them to make choices that align with God's teachings.

This week, we looked at 'Solomon Asks for Wisdom'
1 Kings 3:3-14

Wisdom means:

- Thinking before you act
- Making safe and kind choices
- Learning from mistakes
- Choosing what is right, not just what is easy

All of our Collective Worship
can be found on our website:
www.stalbansprimaryschool.co.uk/collective-worship



INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Please check your details!

Please inform the office if you (or another emergency contact for your child) move house or changes mobile number.

If you would like to check that your details are up to date or if you need to make any changes, please email the office and these details can be checked and updated for you.

Reminders for 08.06.2026

08.06.26

YR (2026 entrants) Information
Session, 6.00pm-7.00pm

11.06.26

YR trip to Queen Elizabeth Country
Park
Y5 swimming course continues

12.06.26

HSA Summer Fair, 3.30pm-6.00pm

**Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.**

Ofsted



Read our report ↗

Headteacher:

Mrs Sarah Goldsworthy BA(Hons) QTS NPQH