St Alban's C of E Aided Primary School

Inspired to make a difference in God's world with excellence and love

WEEKLY BULLETIN 17TH APRIL 2026

Headteacher Message

Welcome back to the Summer term. The Summer term is always a favourite of mine and it always brings so much joy and happiness to see our grounds being used for learning and play all day long.

Mobile Free Zone

Thank you to those of you who have remembered that our school is now a mobile free zone. We are encouraging the 'connect' petal of Back to Basics this term and we want to encourage you to spend this time at the end of the day in conversation with your child about their day. Why not ask them: ***'What was your favourite thing today?' 'What is the best 'Did you know...? fact you have learnt today?' ' What are you excited about for tomorrow?' 'What did you find hard today? How did you overcome this?' 'Who or what made you smile today?'***

Feedback on the Annual Reports

Thank you to those who completed this short survey regarding the annual reports. Your feedback is much appreciated and helps us to continue to improve. I am really pleased that it is recognised that these annual reports are detailed, informative and help to set next steps for your child so that they continue to make progress in the Summer term.

Please remember that if you would like to speak to your child's class teacher about a worry, your child's progress or how to support your child with their learning, please contact the admin team and they will be happy to make an appointment for you. You can do this at any point in the school year.

We aim to be a NUT FREE SCHOOL - Please DO NOT include ANY products that contain ANY types of NUTS in your child's lunch/snack.

What's in this bulletin?

- Headteacher message
- Sports Day
- CONNECT
- You said, we did...
- Summer uniform
- Wake Up Wednesday
- PE kit reminders
- Attendance
- First Aid Friday
- Celebrations
- Collective Worship
- INSET days
- Reminders for next week

Love, Courage and Fellowship
Inspired to make a difference in God's world with excellence and love.

Sports Day 2026

This will take place on **Friday 19th June 2026 -** it is a whole day event!
(Reserve date is Friday 26th June 2026)
All children will be expected to participate in this day and there will be plenty of exciting races and games for them to take part in.

As in previous years, children will come into school in their PE kit, with black trainers and a 'logo-free' t-shirt that is the colour of their school house (this is the same colour as their book bag):
Winchester - **green**
Durham - **blue**
York - **yellow**
Canterbury - **red**

To help you plan for the day, this year's timings are:

9.15-11.30am Key Stage One and Early Years races

11.30-12.30pm LUNCH (Please bring a picnic lunch to share with your children)

12.45 -3.15pm Key Stage Two races

Children are expected to be at school for the whole day regardless of when their races are. This is a whole school event where we are championing sportsmanship and fellowship!

Love, Courage and Fellowship
Inspired to make a difference in God's world
with excellence and love.

Connect

When "Connect" is going well

- You make time to talk
- You discuss feelings
- I understand how you are feeling…….
  I have felt like that when…….
- You make time to play together
- You listen and respond to your child giving them your full attention
- You give your child affection
- You work in partnership with your school
- You don't use your phone at drop off nor pick up to connect
- You know your child well, favourite toy, movie, game, best friend
- You ask your child questions about their day
  - What did you do today that made you feel proud?
  - What was the biggest problem today?
  - If you could change anything about today what would it be?
- You encourage your child to talk
- You are helping your chid to be resilient with challenges, trauma, adversity that life brings

Useful Links:

Nurturing Program
https://www.familylinks.org.uk/

Nurture UK
https://www.nurtureuk.org/

Free Education Psychologist helpline
(Tel: 01252 814 729)

Your GP

When "Connect" is not going well

- Your child may not sleep
- Your child may experience strong emotions such as anger, anxiety, worry, they may experience stress, frustration, nervousness, outburst, they won't know / understand how to deal with these emotions.
- Lack of routine
- Changing plans at last minute due to difficult emotions
- Unable to make decisions about choices
- Relying on social media or technology to build relationships
- Losing touch with health professionals or missing appointments
- Retreating back from social gatherings or events e.g. at church, community events

Ideas

- Don't talk about any money, work or family and friend problems you may be having, when your child is around, They don't need to have these worries added on to theirs.
- Seek advice away from your child - if you are struggling, school can always point you in the right direction.
- Spend one on one time together, not just on the school run, but perhaps go for a walk just the two of you, or play a game together.

Made by Ruth Downer, Maria Knight, Sonja Balmer, Ceri Kentish, Maddy Child, Leoni Hayes, Jo Dorans, Sarah Allen and Jo Ayres in conjunction with East Hants and Havant Heads

You said, we did...

Parents have asked for support with different health and well-being needs for themselves and their children, so this term...

Make a note of these dates:
Thursday 25th June at 1.30-3.15pm. There will be a workshop for parents and carers on **ANXIETY** and how to support ourselves and our children. This will be led by Gabby Heath from the Mental Health Support Team. EVERYONE is WELCOME!

HAMPSHIRE HEALTHY STEPS will be starting on Thursday 30th April 2026. This will take place in The Green Room, every Thursday until Thursday 21st May. This will cover eating well, sleeping well and the importance of staying active.

Please let the school office, or Mrs Welton know if you would like to join these eagerly anticipated sessions.

Hampshire Healthy Steps
Supporting Your Family's Health & Wellbeing

Summer Uniform

This term, until the end of September, children are able to wear their summer uniform.

However, we encourage parents to use their own judgement when deciding whether to send their child into school in the winter or summer option, depending on the weather.

Please ensure that all uniform aligns with our uniform policy which can be found here: **https://www.stalbansprimaryschool.co.uk/policies**

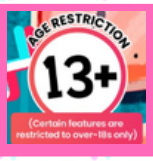
Children should still bring a suitable coat with them to school.

Summer uniform
Worn during the summer term and the start of the Autumn Term until 30th September (or the Monday following this should 30th September fall on a weekend)

Option 1	Option 2
• Gingham checked summer dress (light blue) in a style similar to the one pictured (no fully white collars of pocket tops) – worn with simple, plain white socks • Plain dark navy blue long sleeved 'V' neck pullover or a plain, dark navy blue long sleeved 'V' neck cardigan • Red tie • Shoes/sandals in plain black, navy blue or red. Traditional or a more substantial style are suggested. These should not be trainers, a slip on, open-toe or high/fashion heel style.	• Mid grey short or long trousers of a traditional school design – worn with a white school shirt (long sleeved or short sleeved) and plain grey socks • Plain dark navy blue long sleeved 'V' neck pullover • Red tie • Shoes/sandals in plain black, navy blue or red. Traditional or a more substantial style are suggested. These should not be trainers, a slip on, open-toe or high/fashion heel style.

Style examples

Love, Courage and Fellowship
Inspired to make a difference in God's world with excellence and love.



Safeguarding: Wake Up Wednesday

This week's **#WakeUpWednesday** focuses on image-altering filters.

From playful puppy ears on snapchat to 'beauty mode' on TikTok, image-altering filtrs are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.
The risks are: altered beauty standards, pressure to look perfect, low self-esteem, hidden advertising, blurred reality, and sexualised edits.
This will be added to the website https://www.stalbansprimaryschool.co.uk/onlinesafety and shared on our school Facebook page each week.

Attendance and Punctuality

"Every day of school missed is a day stolen from a child's future,"
Bridget Phillipson (Education Secretary), August 2025

Whole school - 94.5% (national 94.6%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if you child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R) - 92.5%
- Cherry (1) - 92.4%
- Rowan (2) - 96%
- Birch (3) - 93.8%
- Hawthorn (4) - 95%
- Lime (5) - 96.4%
- Alder (6) - 95.7%

If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:
https://www.stalbansprimaryschool.co.uk/attendance

PE Kit Reminders

When purchasing new school uniform, please consult our uniform policy: **https://www.stalbansprimaryschool.co.uk/policies/**

IMPORTANT:
PE kits MUST be a PLAIN NAVY TRACKSUIT or SHORTS - no stripes or logos. T-SHIRTS must be a PLAIN WHITE POLO STYLE.

Check out the new designs - available from Skoolkit!

We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember trainers should be BLACK and with discrete, or preferably, NO LOGO.

Love, Courage and Fellowship
Inspired to make a difference in God's world with excellence and love.

Celebrations

Headteacher Awards go to: Aminah, Livy, Matthew, Ella

This half term we are focusing on the learning skill of **INDEPENDENCE.**

We will be exploring the ways we can be independent in all of the following areas:

- **Regulating my feelings**
- **Learning on my own**
- **Looking after myself**
- **Making decisions for myself**
- **Managing my friendships**

Below is a list of children that received merits this week:

- Oak (R) - Aida, Zainab
- Cherry (1) - Hassan, Mabel
- Rowan (2) - Jaxon, Henry
- Birch (3) - Beau, Leila
- Hawthorn (4) - Theo, Leah
- Lime (5) - Nada, Jacob
- Alder (6) -

Health and Wellbeing: First Aid Friday

This weeks #FirstAidFriday focuses on scarlet fever.

Scarlet fever is a contagious infection that mostly affects young children, and is easily treated with antibiotics. Contact your GP practice if you or your child have any of the symptoms.

This will be added to the website [https://www.stalbansprimaryschool.co.uk/wellbeing-support.](https://www.stalbansprimaryschool.co.uk/wellbeing-support)

Peep Learning Together Programme

These sessions are a relaxed meet-and-greet opportunity where families can come along, enjoy some play-based activities, meet the team, and, if they wish, register for the Peep Learning Together programme which is starting in June.

For more information about Peep and how this can benefit your family please access the parent area on their website: **www.peeple.org.uk/parents-area**

Love, Courage and Fellowship
Inspired to make a difference in God's world with excellence and love.

Outside School Celebrations

Celebrating the clubs, activities and achievements children take part in outside school is an important way to recognise their growing confidence, talents and interests. Whether it's a sports team, dance class, arts group, scouts, music lessons or a special celebration within their community, these experiences help children develop new skills, build friendships and feel proud of who they are.
By sharing and celebrating these moments together, we create a school community that values every child's uniqueness and encourages them to keep exploring the things they love.

A group of St Alban's pupils, who are members of 1st Homewell Scout group had a very exciting weekend residential last month when they stayed overnight in the iron age and Saxon houses at Butser Ancient farm. They did lots of crafts and activities including making mosaics, leather pouches, clay pots and cooking on fire. There was also a hike, a campfire and regular feeding of the resident goats.

Please send in a picture and a short explanation if you would like your child to appear on our school bulletin!

St George's Day

This year for St George's Day - **Thursday 23 April 2026** - we would like to invite any children that attend Scouts or Guides groups (such as Beavers or Brownies) to come into school on Thursday 23 April wearing their Scouts or Guides uniforms, instead of their normal school uniform.

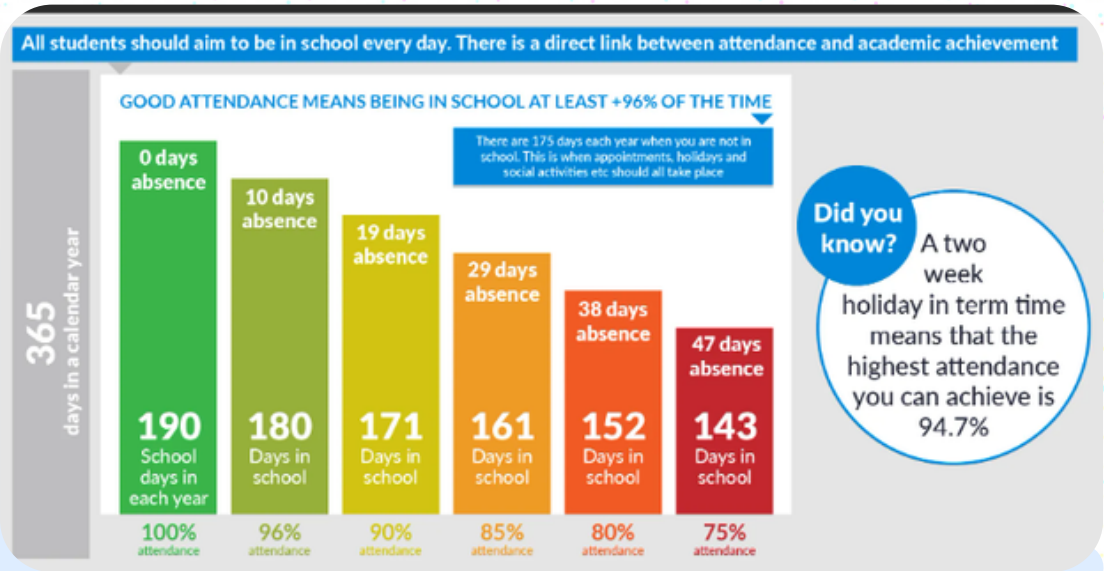
If you'd like to learn more about St George - please visit
https://www.english-heritage.org.uk/visit/whats-on/st-georges-day/

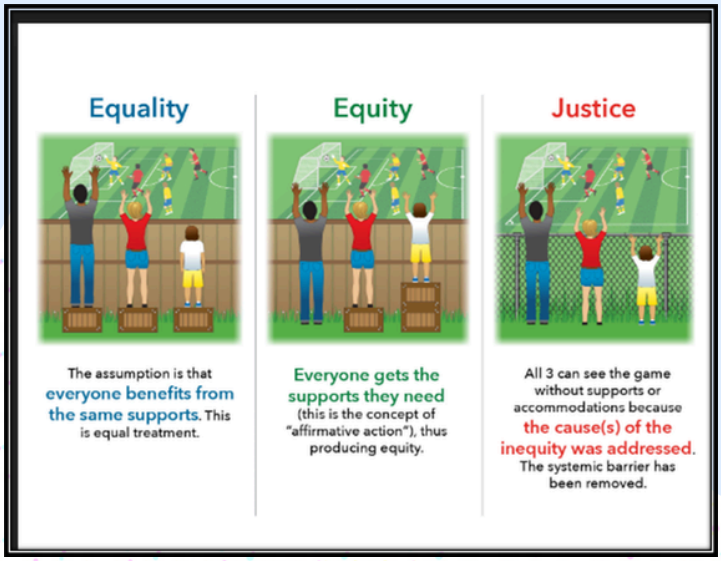
Leave of Absence Forms (Holiday Requests)

Whilst I recognise - and empathise - that holidays taken in school holidays are far more expensive than those during term time, I cannot authorise any absence or holiday for any reason, except those which are considered exceptional circumstances. The Department for Education does not consider a need or desire for a holiday or other absence for the purpose of leisure and recreation to be an exceptional circumstance.

There is no specific definition for 'exceptional circumstances' and these requests are treated on an individual basis. Parents wishing to apply for leave of absence during term time must apply in writing to the Headteacher **at least a month before the planned leave and never in retrospect**.

Please note:
If a written request for leave of absence is not completed and the leave is taken without a request being submitted, the leave will not be considered by the Headteacher, and it will be marked as unauthorised. The full attendance policy can be found here: **https://www.stalbansprimaryschool.co.uk/attachments/download**





Our whole school attendance this year to date has slightly dropped again to 94.5% which is just under the national average! Let's try our best to improve attendance in the Summer term to get us back into the 'green'.

Collective Worship

This half term, we are focusing on the Miracles of Jesus. During this time, we will be exploring some of the well-known miracles Jesus is said to have performed and the meaning of these stories for Christians.

This week we explored 'Jesus Calms the Storm' (Mark 4:35-41). Children were chosen to compose a musical accompaniment to the story and we discussed the courage needed by the people in the boat. We shared that the meaning of this miracle is 'Even when things are difficult or hard, have faith and believe in Jesus because he is here for us.'

All of our Collective Worships can be found on our website: www.stalbansprimaryschool.co.uk/collective-worship

INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Friday 1st May 2026

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Reminders for 20.04.2026

21.04.2026
Class photos for all year groups
(please wear full school uniform)

22.04.2026
Y5 trip to Tower of London *(early drop off at school 07:50-08:00)*

23.04.2026
Hampshire Healthy Steps Course begins
St George's Day

24.04.2026
Oral hygiene presentation for KS1 and KS2 by the School Nursing Team

Please check your details!

Please inform the office if you (or another emergency contact for your child) move house or changes mobile number.
If you would like to check that your details are up to date or if you need to make any changes, please email the office and these details can be checked and updated for you.

Love, Courage and Fellowship
Inspired to make a difference in God's world with excellence and love.

Headteacher:
Mrs Sarah Goldsworthy BA(Hons) QTS NPQH

Ofsted
Read our report