



St Alban's C of E Aided Primary School
Inspired to make a difference in God's world with excellence and love



WEEKLY BULLETIN

5TH DECEMBER 2025

Headteacher Message

Dear Parents and carers,

What an action packed, eventful and fun week we have had! There have been so much to celebrate and it really has been joyous to see nativity rehearsals, Christmas hat making, Christmas lunch and Christmas jumpers! This is most definitely the best time to be in a school! However, we are still continuing with our learning every day; this includes reading at home, daily phonics lessons, maths, English and all of the wider curriculum. This helps our children to stay regulated and maintain our high expectations right to the end of term.

Next Week's Carol Concerts and Nativity

We are looking forward to our Key Stage Two Carol Concerts and the Early Years/Key Stage One nativity next week. These promise to be heart-warming and full of seasonal cheer. Separate letters regarding the finer details for these events have already been emailed.

Reverse Advent Calendar

Thank you to those of you who are donating towards the Reverse Advent Calendar - the food is building up at all of the different 'windows' around the school and we are so grateful to you all for sharing what you have so that others can have enough food too.

SIAMS Inspection

Whilst I cannot give you many details about our inspection yesterday until the report is published (this is likely to be early January), I can say that we are all incredibly happy about the outcome. The whole community showed the inspector just what a special school we have and how the feeling of togetherness enables all pupils and adults to flourish.

Wishing you all a wonderful weekend, whether you are putting the Christmas decorations up, spending time with family and friends or just enjoying time at home. May this season bring light and joy to your home.

We remind parents to please **PARK CONSIDERATELY**. We have had several reports of cars parked in a way that blocks St Alban's Road - please be mindful and consider parking further away to keep access free.

What's in this bulletin?

- Headteacher message
- You said, we did...
- Wake Up Wednesday:
- Uniform ✨ Reminders
- Celebrations
- Understanding Ofsted
- Attendance
- Collective Worship ✨
- INSET days
- Reminders for next week



You said, we did...

Last year, parents asked for more clubs at school. This term we have sourced external football club providers for both KS1 and KS2 - information can be found here:

<https://www.stalbanprimaryschool.co.uk/extra-curricular-activities> -

SPACES ARE STILL AVAILABLE SO BOOK TODAY!

We also started choir, hockey, games and running clubs that run throughout the year.



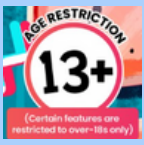
Pupil Groups - Librarians



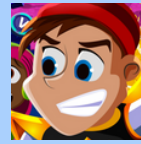
This week we would like to give a 'shout out' to our wonderful librarians: Lilya, Jess, Lucy, George, Oliver, Ronnie, Savannah, Euan, Eilish, Ralphie, Leah, Olivia and Leila.

Our librarians work tirelessly behind the scenes each day keeping our library running smoothly - they even give up some of their break times. They all show great love and fellowship in everything they do!

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Safeguarding: Wake Up Wednesday!



This week's #WakeUpWednesday focuses on electrical safety and devices. Electrical safety is a vital topic for parents. Electrical fires are a major risk and are the cause of many injuries each year. This weeks guide offers practical advice to help families and schools prevent electrical hazards, and promote safety when using everyday devices.

Some top tips: check for overheating, install residual current devices, avoid overloading sockets, use power banks safely, inspect devices regularly, unplug devices when not in use, use genuine chargers, keep water away from electricity, keep devices ventilated, and supervise young children.

This will be added to the website <https://www.stalbansprimaryschool.co.uk/onlinesafety> and shared on our school Facebook page each week.

Uniform Reminders

When purchasing new school uniform for the year, please consult the policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT:

PE kits **MUST** be a **PLAIN NAVY TRACKSUIT** or **SHORTS**- no stripes or logos and **T-SHIRTS** must be a **PLAIN WHITE POLO STYLE**.

Check out the new designs - available from Skollkit!

We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember **trainers should be BLACK** and with discrete, or preferably, **NO LOGO**.

Attendance and punctuality

"Every day of school missed is a day stolen from a child's future,"
Bridget Phillipson (Education Secretary), August 2025.

Whole school - 95.3% (national 94.8%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if you child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R)- 93.6%
- Cherry (1) - 93.2%
- Rowan (2) - 97.1%
- Birch (3) - 94.2%
- Hawthorn (4) - 95.4%
- Lime (5) - 97.7%
- Alder (6) - 95.7%

If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:

<https://www.stalbansprimaryschool.co.uk/attendance>



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Celebrations



Headteacher Awards go to:

This half term we are focusing on the learning skill of **COLLABORATION.**

- Year 1 - Savannah, Lennox
- Year 2 -
- Year 3 -
- Year 4 - Malachi, Muhammed
- Year 5 - Rex, Giles
- Year 6 - Euan, Kyra

Step Badges go to:



myHappymind Newsletter CELEBRATE

We have come to the end of the Celebrate module in the myHappymind programme. The children have learnt so much, including:

- What character strengths are and why they matter.
- How to recognise character strengths in ourselves and others.
- How understanding our character strengths can make us feel.

Why not ask your children to tell you what they have learnt. Here's some questions to help you:

- What is your top character strengths?
- Which strength would you like to grow and use more?
- Why is it important to spot character strengths in other people?

There are lots of activities you can do together at home - to access these materials visit: <https://myhappymind.org/parent-resources> (Our authentication code is 116362).

The full CELEBRATE newsletter can be found on our website here: [Wellbeing Support](#)

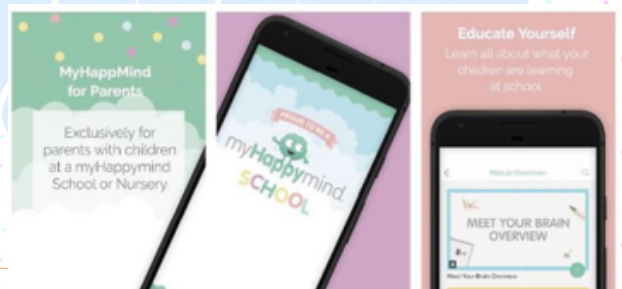
Understanding Ofsted

Understanding Ofsted report cards and grades

This page explains Ofsted report cards, including a video and guidance on what's changed from the old system. We recommend that all parents read this as we head into our Ofsted inspection window.



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Collective Worship

We are focusing on peace this half term and how Christians believe that tranquility and harmony comes from God. For children, this is about a feeling of calmness and safety that God gives us, even when we are going through tricky times.

This week we have looked at Advent and the meaning of the first purple candle on the advent wreath: hope. We have focused on the journey that Mary and Joseph took to Bethlehem and the hope that travelled with them. We have changed the liturgical cloth to purple and we learnt this saying to help us understand why:



**'Purple is the colour of Kings
And, to help us remember things.'**

All of our Collective Worshipings can be found on our website
<https://www.stalbansprimaryschool.co.uk/collectiveworship>

INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Monday 5th January 2026

Friday 1st May 2026

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.

Attendance emails

Parents may receive 'minutes late' and/or 'less than 90% attendance' emails from the office. These are sent automatically using the attendance data we have at the time of sending. These emails are to keep parents informed and to show that we are monitoring the attendance of every child.

Reminders for w.c. 01.12.25

08.12.25

DEADLINE TO RETURN NATIVITY
RICKET SLIPS IS TODAY

09.12.25

Y3/Y4 Carol Service at St Alban's
Church 6.00pm

11.12.25

Y5/Y6 Carol Service at St Alban's
Church 6.00pm

12.12.25

KS1 Nativity Performances (TICKETS
ONLY) at 9.15am and 2.00pm

Reminder: Children and staff are
invited to wear Christmas jumpers
every Friday in December!



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Self Care ADVENT CALENDAR

A Daily 20 Minute Dose of Me-Time

1 BREATHE. Find a comfy position, close your eyes & concentrate on your breathing.	2 THINK ABOUT YOUR CHRISTMAS. Write down 3 things YOU want to do this holiday season.	3 TAKE A STROLL. Wrap up warm & step outside. Take time to look around as you walk.	4 DECLUTTER. Choose just one drawer or cupboard to sort.
5 LISTEN TO NATURE. Head outside or find nature sounds online. Pause & listen.	6 WRITE A LETTER. Send a letter or card to someone you've been meaning to reach.	7 SIP A HERBAL TEA. Savour the warmth of the cup in your hands.	8 CUDDLE WITH A LOVED ONE. Snuggle under a soft blanket with someone you love.
9 READ. Read your book, a magazine, or Christmas cards you've received.	10 STRETCH. Slowly & gently ease out your muscles & relax your body.	11 WRITE DOWN 5 POSITIVE THOUGHTS. Hang them somewhere you'll read them often.	12 SHARE THE KINDNESS. Feel empowered doing a good deed for someone else.
13 EXERCISE. Get your heart pumping, clear your mind, and release some endorphins.	14 LISTEN TO YOUR FAVOURITE SONGS. Make yourself a mini playlist to enjoy.	15 TAKE A NAP. Close your eyes and give yourself permission to nod off.	16 BE CREATIVE. Bake, draw, write, sew. Use your hands in whatever way feels best.
17 LOOK AFTER YOUR SKIN. Cleanse, exfoliate, moisturise your face & body.	18 FEEL GRATEFUL. Write down three things that you're thankful for.	19 WATCH THE LIGHTS. Sit & enjoy the gentle twinkling of the Christmas tree lights.	20 TALK. Take time to chat with someone you love.
21 HAVE A MINDFUL SNACK. Cut up some fruit and pause to sit down and eat it.	22 DOODLE. Or colour. No purpose, just see where your pen takes you.	23 TAKE A BATH. Add candles or bubbles as you wish. Close the door & relax.	24 STAND OUTSIDE & LISTEN. Breathe fresh air & savour the sounds of Christmas Eve.

Advent Calendars

Calendars are definitely NOT just for children. It is one of my favourite parts of Christmas. Having a little treat, or a special thought, in the lead up to the special day. Remember to take some time for yourself and look after yourself.

JOLLY
www.jollyfe
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The YoungMinds Wellbeing Calendar 2022

Looking after your wellbeing as you count down to the winter break.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Affirmation station Spread some winter joy to your classmates by writing positive affirmation cards, then having your teacher collect them and pass them around. For example: 'I am loved', 'Anything is possible.'	29 Snowman says... Just like the classic game of Simon says, but with a wintery twist. Who'll be the last person standing?	30 Three good things Write down three good things that have happened to you today or this week - keep these with you as a reminder.	1 Guided meditation Take time to relax and re-centre with a short guided meditation. There are loads of free videos online!	2 Positive playlist Suggest your favourite, feel-good songs and create a positive playlist as a class.
5 Mindful walk Take a wintery walk outside in silence. What do you hear? What do you see? What do you feel?	6 Dance fever Learn a TikTok dance as a class - yes, even your teacher!	7 Alternative Christmas card Write a kind, supportive card that you'd give to someone who might be struggling this festive season - or for someone who doesn't celebrate Christmas. For example, 'you're not alone!'. Your teacher can then collect and hand them out.	8 Things in common Discuss in small groups things that you have in common - except that you go to the same school! Preferably with people you don't usually hang out with.	9 Mindful colouring Stick on your positive playlist and let your creative juices flow with a mindful colouring session.
12 Stretch it out Have a much needed stretch and unwind with a yoga session. There are loads of free videos online!	13 Your 2022 A lot has happened this year. Write down your reflections of 2022 and any hopes or goals you might have for 2023.	14 Self-soothe session Create your own self-soothe box for whenever your feelings are overwhelming. For tips, check out the 'How to make a self-soothe box' blog on our website.	15 What makes you, you Draw a picture of yourself and, around it, write positive comments and things you like about yourself. Are you kind? Are you smart? Do you have a great talent?	16 Random act of kindness Do something nice for someone else today. Doesn't it feel great?



For help and advice scan here



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Mrs Sarah Goldsworthy
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<https://www.stalbansprimaryschool.co.uk/>

