



St Alban's C of E Aided Primary School
Inspired to make a difference in God's world with excellence and love



WEEKLY BULLETIN 28TH NOVEMBER 2025

Headteacher Message

Dear Parents/carers,

I cannot quite believe how quickly this term is going: how is it December on Monday? We are fully embracing the season of joy and celebration with our decorations up around the school, Christmas jumpers at the ready and Christmas hat making and lunch on Friday. We are looking forward to sharing our nativity and our Carol Concerts with you in the coming weeks: more details to follow separately next week.

SIAMS Inspection

Yesterday, you should have received a letter regarding our upcoming SIAMS (Statutory Inspection of Anglican and Methodist Schools) inspection next Thursday 4th December. The inspector will be with us all day and this really is a time to celebrate all of the wonderful things that make our church school a really exciting and happy place to be.

School Trips, Visitors and Workshops

There have been numerous events happening across the school over the past few weeks that have enhanced the learning delivered by the teachers in class. School trips, visitors and workshops are all part of the curriculum enhancements we really value, but these do come at a cost and we are unable to fund these without your support. We always try to give you plenty of notice to help you budget and your voluntary contributions are really appreciated in being able to continue with these activities. Please do help us to continue to put these events on by contributing to the cost - it really is appreciated by us and your children - these are often the memories that stick with you as you get older! If you are unable to contribute, please do talk to the school office and let them know. We do need to receive a significant amount of the cost back for these school trips and workshops to continue as we move forwards.

Reverse Advent Calendar

Advent is really a special time in schools and it is something that everyone looks forward to. This year we will be supporting Beacon Food Bank through our Reverse Advent Calendar - please read the letter accompanying this week's news bulletin. We really appreciate every item you feel able to donate and we really hope that the children (and staff) have fun searching for the collection points around the school.

IMPORTANT:

Please remember that there should be no nuts or items with nuts in your child's packed lunch. Please help us to keep EVERYONE safe - we aim to be a NUT free school.

What's in this bulletin?

- Headteacher message
- You said, we did...
- Wake Up Wednesday:
- Uniform Reminders
- Celebrations
- Have you...?
- Attendance
- Collective Worship
- INSET days
- Reminders for next week



You said, we did...

You asked for a smarter PE kit!
You can now purchase our new
branded PE kit from Skoolkit in
Havant!

We have already spotted a few
children wearing the new kit
and you all look very smart!



Year 1 Trip - Sustainability Centre

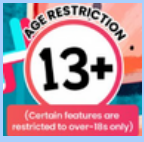
Year 1 had an amazing time at the
Sustainability Centre. They have learnt
all about minibeasts in their habitats and
found lots of woodland creatures and
insects.



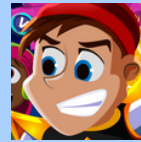
They learnt that insects have 6
legs and 3 parts of their bodies.
They even made their own
minibeasts using clay. Well
done Year 1 for your resilience
in the cold weather 🐛



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Safeguarding: Wake Up Wednesday!



This week's **#WakeUpWednesday** focuses on Tiktok. The app provides a potentially addictive, never-ending streams of short clips tailored to users' interests based on their viewing habits. Around half of British children use Tiktok! Risks of using this platform include: age-inappropriate content, body image and dangerous challenges, in-app spending, contact with strangers, misinformation and radicalisation, and addictive design. Advice for parents is to enable family pairing, discuss the dangers, read the signs, block in-app spending and always remember to exercise caution as Tiktok has an age restriction of 13+.

This will be added to the website <https://www.stalbansprimaryschool.co.uk/online-safety> and shared on our school Facebook page each week.

Uniform Reminders

When purchasing new school uniform for the year, please consult the policy:

<https://www.stalbansprimaryschool.co.uk/policies/>

IMPORTANT:

PE kits **MUST** be a **PLAIN NAVY TRACKSUIT** or **SHORTS**- no stripes or logos and **T-SHIRTS** must be a **PLAIN WHITE POLO STYLE**.

Check out the new designs - available from Skollkit!

We want to continue to look smart and if we all follow the uniform guidelines, we will. Please also remember **trainers should be BLACK** and with discrete, or preferably, **NO LOGO**.

Attendance and punctuality

"Every day of school missed is a day stolen from a child's future,"
Bridget Phillipson (Education Secretary), August 2025.

Whole school - 95.5% (national 95%)

PLEASE ENSURE YOUR CHILD IS IN SCHOOL EVERY DAY UNLESS THEY ARE REALLY UNWELL; if you child feels under-the-weather, please send them into school and we can see how they go!

Average attendance by class to date:

- Oak (R)- 93%
- Cherry (1) - 93%
- Rowan (2) - 97%
- Birch (3) - 95%
- Hawthorn (4) - 95%
- Lime (5) - 98%
- Alder (6) - 96%

If you are unsure whether to keep your child off school if they are unwell, please look at this page on our website:

<https://www.stalbansprimaryschool.co.uk/attendance>



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Celebrations



Headteacher Awards go to: Dargo, Lillymae, Harry, Zeb, Arthur, Ralphie, Leah, Megan, Rudi, Jean, Laila-Rae, Oliver W, Dexter, Flo, Olver W, Dexter, Savannah

This half term we are focusing on the learning skill of **COLLABORATION.**

- Year 1 - Freddie, Mabel, Frankie, Aminah, Phoebe, Ada
 - Year 2 - Josh, Ella, Sylvie, Hunter, Lottie, Penelope, Jaxon, Flo
 - Year 3 - Leila, Oscar
 - Year 4 - Arthur, Rudi, Charlie, Hristiyana, Sophie, Theo, Aadhy, Alexis
 - Year 5 - Nadia, Lucy, Evie, Isaac, Dominic
 - Year 6 - Deacon, Savannah, Bessie, Evie
- Plus - all of Year 5 and Year 6 for displaying amazing teamwork and perseverance at Stubbington!

Step Badges go to:

Have you...?

Please check that all of your child's uniform is named: we have a lot of unnamed items that need to be reunited with their owners. Please check and name! Thank you.

Have you got your child's Christmas jumper? We are wearing Christmas jumpers every Friday for the rest of the term!

Year 4 Trip - Winchester Science Centre



Year 4 had a trip this half term to Winchester Science Centre. They went to the 'soundscape Studio' workshop and explored the Science Centre and planetarium!



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Collective Worship

We are focusing on peace this half term and how Christians believe that tranquility and harmony comes from God. For children, this is about a feeling of calmness and safety that God gives us, even when we are going through tricky times.

‘Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.’

2 Thessalonians 3:16



**Lord Jesus,
Help us to show your love by being peacemakers.
When we disagree, help us to listen and care.
Amen**

All of our Collective Worshipings can be found on our website
<https://www.stalbansprimaryschool.co.uk/collectiveworship>



INSET DAYS 2025-2026

The remainder of the INSET days for this academic year are:

Monday 5th January 2026

Friday 1st May 2026

Friday 3rd July 2026

Please make a note of these. The website will also be updated and we will continue to remind you on bulletins throughout the year.



Reminders for w.c. 01.12.25

01.12.25

Admission consultation begins today for six weeks

04.12.25

SIAMS inspection
YR and Y6 NCMP checks in school
Menu change - see separate email

05.12.25

CHRISTMAS DINNER

Reminder: Children and staff are invited to wear Christmas jumpers every Friday in December!



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Self Care ADVENT CALENDAR

A Daily 20 Minute Dose of Me-Time

1 BREATHE. Find a comfy position, close your eyes & concentrate on your breathing.	2 THINK ABOUT YOUR CHRISTMAS. Write down 3 things YOU want to do this holiday season.	3 TAKE A STROLL. Wrap up warm & step outside. Take time to look around as you walk.	4 DECLUTTER. Choose just one drawer or cupboard to sort.
5 LISTEN TO NATURE. Head outside or find nature sounds online. Pause & listen.	6 WRITE A LETTER. Send a letter or card to someone you've been meaning to reach.	7 SIP A HERBAL TEA. Savour the warmth of the cup in your hands.	8 CUDDLE WITH A LOVED ONE. Snuggle under a soft blanket with someone you love.
9 READ. Read your book, a magazine, or Christmas cards you've received.	10 STRETCH. Slowly & gently ease out your muscles & relax your body.	11 WRITE DOWN 5 POSITIVE THOUGHTS. Hang them somewhere you'll read them often.	12 SHARE THE KINDNESS. Feel empowered doing a good deed for someone else.
13 EXERCISE. Get your heart pumping, clear your mind, and release some endorphins.	14 LISTEN TO YOUR FAVOURITE SONGS. Make yourself a mini playlist to enjoy.	15 TAKE A NAP. Close your eyes and give yourself permission to nod off.	16 BE CREATIVE. Bake, draw, write, sew. Use your hands in whatever way feels best.
17 LOOK AFTER YOUR SKIN. Cleanse, exfoliate, moisturise your face & body.	18 FEEL GRATEFUL. Write down three things that you're thankful for.	19 WATCH THE LIGHTS. Sit & enjoy the gentle twinkling of the Christmas tree lights.	20 TALK. Take time to chat with someone you love.
21 HAVE A MINDFUL SNACK. Cut up some fruit and pause to sit down and eat it.	22 DOODLE. Or colour. No purpose, just see where your pen takes you.	23 TAKE A BATH. Add candles or bubbles as you wish. Close the door & relax.	24 STAND OUTSIDE & LISTEN. Breathe fresh air & savour the sounds of Christmas Eve.

JOLLY
www.jollyfeet
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Advent Calendars

Calendars are definitely NOT just for children. It is one of my favourite parts of Christmas. Having a little treat, or a special thought, in the lead up to the special day. Remember to take some time for yourself and look after yourself.

The YoungMinds Wellbeing Calendar 2022

Looking after your wellbeing as you count down to the winter break.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Affirmation station Spread some winter joy to your classmates by writing positive affirmation cards, then having your teacher collect them and pass them around. For example: 'I am loved', 'Anything is possible.'	29 Snowman says... Just like the classic game of 'Simon says' but with a wintery twist. Who'll be the last person standing?	30 Three good things Write down three good things that have happened to you today or this week - keep these with you as a reminder.	1 Guided meditation Take time to relax and re-centre with a short guided meditation. There are loads of free videos online!	2 Positive playlist Suggest your favourite, feel-good songs and create a positive playlist as a class.
5 Mindful walk Take a wintery walk outside in silence. What do you hear? What do you see? What do you feel?	6 Dance fever Learn a TikTok dance as a class - yes, even your teacher!	7 Alternative Christmas card Write a kind, supportive card that you'd give to someone who might be struggling this festive season - or for someone who doesn't celebrate Christmas. For example, 'you're not alone'. Your teacher can then collect and hand them out.	8 Things in common Discuss in small groups things that you have in common - except that you go to the same school! Preferably with people you don't usually hang out with.	9 Mindful colouring Stick on your positive playlist and let your creative juices flow with a mindful colouring session.
12 Stretch it out Have a much needed stretch and unwind with a yoga session. There are loads of free videos online!	13 Your 2022 A lot has happened this year. Write down your reflections of 2022 and any hopes or goals you might have for 2023.	14 Self-soothe session Create your own self-soothe box for whenever your feelings are overwhelming. For tips, check out the 'How to make a self-soothe box' blog on our website.	15 What makes you, you Draw a picture of yourself and, around it, write positive comments and things you like about yourself. Are you kind? Are you smart? Do you have a great talent?	16 Random act of kindness Do something nice for someone else today. Doesn't it feel great?

YOUNGMINDS
360°
schools



For help and advice scan here



Headteacher:
Mrs Sarah Goldsworthy
BA QTS NPQH

<https://www.stalbansprimaryschool.co.uk/>

