

Speaking UP!



Lord Jesus,

We light this candle to remind us that You are the Light of the World.

As we come together to pray and praise, may your light remove all darkness from our lives.
Amen.



Lent



Lent is a time to reflect on how we live and how we treat others.



Justice

During Lent, we can think about making brave choices and about being honest.

What brave choice have you made recently?

Speak up for those who
cannot speak for themselves,
for the rights of all who are
destitute. Speak up and
judge fairly; defend the
rights of the poor and needy.



Proverbs 31:8-9



For our school community, **Proverbs 31:8** serves as a powerful foundation for:

- **inclusion** – ensuring every pupil is heard and valued
- **justice** – standing up for fairness
- **compassion** – caring for those who need support
- **courage** – speaking up in love
- **safeguarding** – protecting the vulnerable

It's a verse that shapes hearts, behaviour, and community life.

Equality



The assumption is that **everyone benefits from the same supports**. This is equal treatment.

Equity



Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

Justice



All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.



Invitation to reflect:
Sometimes doing the right
thing means using our voice.



Guided reflection:
Think of a time when
someone needed help.
What could you say or do if
you saw that happen again?

**Dear God,
Thank you that you hear every voice.
Help us to speak up for others,
To use kind words,
And to stand up for what is right.
Amen.**



**Our door symbolises thinking about our relationship
with others.**



LEADER

Send us out in the power of your Spirit to live and work to your praise and glory.

ALL

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore. Amen

