

# YOUR SCHOOL COLD LUNCH MENU



Hampshire  
County Council

Education Catering

A balanced selection  
of carbohydrates,  
protein, fresh fruits  
and vegetables.

## MONDAY

Cheese sandwich  
Carrot/cucumber sticks  
Fruit  
Shortbread biscuit

## TUESDAY

Ham sandwich  
Carrot/cucumber sticks  
Fruit  
Shortbread biscuit

## WEDNESDAY

Cheese sandwich  
Carrot/cucumber sticks  
Fruit  
Shortbread biscuit

## THURSDAY

Ham sandwich  
Carrot/cucumber sticks  
Fruit  
Shortbread biscuit

## FRIDAY

Cheese sandwich  
Carrot/cucumber sticks  
Fruit  
Shortbread biscuit

FISH FROM WELL-MANAGED  
AND SUSTAINABLE SOURCES



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COMPLETELY

NUT  
FREE

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